

Stewartby Sailing School

Joining Instructions

Thank you for booking your course with us. We aim to ensure that your course is enjoyable and meets your expectations. If you have any queries or comments during your course please do not hesitate to talk to your instructor that is what they are there for.

Your day will start at 09:30am, meeting your instructor in the clubhouse who will brief you on the days activities. If you have any difficulties getting access to the club via the electronic security gate you will find an intercom system on the left hand side of the gate.

Clothing

Dinghy sailing is a sport with the distinct possibility of getting wet!

If you have your own wetsuit then bring it along. If you do not have one we have a wide range of sizes available to borrow free of charge. We will also supply you with a buoyancy aid which will keep you afloat if you end up in the water. The only item of clothing we cannot supply due to health issues is footwear so if you have a pair of beach shoes or similar please bring them along. Alternatively an old pair of training shoes that you wouldn't mind getting wet. Please note that we have a policy of no open toed footwear so flip flops etc. are out. A pair of gloves is useful to protect your hands from the abrasive effects of wet ropes on wet hands, a cheap pair from a garden centre is ideal. Sunglasses (hopefully) also help due to the reflection from the sails and the water. In a similar vein sunscreen is essential (we hope!). Some sort of hat can help in both hot and cold weather. A towel and shower supplies are also needed.

Lunchtime

The galley is run as a private concern and we cannot guarantee it will be open for every course. Availability will depend on other events that may be running at the club at the same time.

If it is open then hot meals are available, they are of a good standard and at a very reasonable cost for lunchtime. If however it is not open then you will need to bring some lunch with you, we will still have access to tea and coffee making facilities and also the use of microwave ovens. Please don't ask your instructors to prepare anything for you to eat as you would be bound to regret it! You will receive an e mail informing you as to the availability of the galley.

Once again, thank you for booking with us and if you have any questions, comments or criticisms please do not hesitate to voice them. We look forward to seeing you and hope you enjoy your course.

Any queries please contact

Steve Ivory

Sailing School Principal 01525 716995 Mob 07951 955551

